Instructions for undergoing chest x-rays

In order to get an accurate result, you need to be mindful of your clothing, hair, and accessories.

Please be careful of the following:

- Wear a single, thin, plain shirt during the x-ray.

Women: Please remove brassieres, or garments with built-in brassieres.

If you have long hair, please tie it up so that it does not touch the shoulders.

Remove necklaces.

We cannot take the x-ray if you are wearing a shirt with illustrations/patterns, buttons, pockets, beads, or other ornamentation.

Please remove any adhesive medical compresses, adhesive magnets, etc. from your skin.

Religious garments, such as hijabs, are fine as long as they are made of thin materials. However, you must remove any fasteners, such as broaches, pins, etc., from the shoulder/chest area.

TOHOKU UNIVERSITY Student Health Care Center