Welcome to Tohoku University

Orientation for Incoming Students

新入留学生オリエンテーション

Spring, 2018
Where We Are
（仙台へようこそ）

Sendai

Tokyo
City of Sendai
（仙台市）

Population
Approx. 1,08 million

Academic City
5 campuses spread over the lush city of Sendai, the optimal environment for research and study
Students

18,019

Faculty Members

3,156
Student to Faculty Ratio
(学生数と教員数の比率)

6 : 1
Number of International Students
(留学生数)

2,217
Global Network
（海外協定校）

■ University-level
  over
  200 institutions

■ Department-level
  over
  450 institutions
  60 countries/regions
Faculties/Schools
（学部・学科）

- Arts and Letters
- Education
- Law
- Economics
- Science
- Medicine
- Dentistry
- Pharmaceutical Sciences
- Engineering
- Agriculture

10 Faculties/Schools
Graduate Schools (大学院)
Professional Graduate Schools

16 Graduate Schools

Arts and Letters
Education
Law
Economics and Management
Science
Medicine
Dentistry
Pharmaceutical Sciences
Engineering
Agricultural Science
International Cultural Studies
Information Sciences
Life Sciences
Environmental Studies
Biomedical Engineering
Educational Informatics Education Division

3 Professional Graduate Schools
- Law School
- School of Public Policy
- Accounting School
Research Institutes

- Institute for Materials Research
- Institute of Development, Aging and Cancer
- Institute of Fluid Science
- Research Institute of Electrical Communication
- Institute of Multidisciplinary Research for Advanced Materials
- International Research Institute of Disaster Science
Established in 1907

3rd national university in Japan
University Mission
（教育理念）

- **Research-First**
  （研究第一）

- **Open-Doors**
  （門戸開放）

- **Practice-Oriented Research and Education**
  （実学主義）
Japan University Rankings 2017 (日本の大学ランキング2017)

1 University of Tokyo
2 Tohoku University
3 Kyoto University
Global Initiative
（国際社会で活躍できる人材の育成）

Global Leaders
Internationalization
Global Education

Global 30 Project
Go Global Japan Project
Top Global University Project
Student Support
（充実した学生サポート）

- Tutor System
- Student Counseling
- Career Support
- Multicultural Learning Environments
- Many Extracurricular Activities
- Student Support Organizations
- Local Support Groups
International Student Concierge Week
4/23(Mon) – 4/27(Fri)

Graduate student staffs provide support on using the library and searching materials.
If you have any question or problem, please feel free to ask us!

Location:
Reference Desk (1st floor of the Main Lib)

For example:
- How to search for books and journals (using the OPAC)
- How to search for academic articles
- How to use Library (wireless LAN, printer etc.)

@tohokuunivlib
@TUL_Global
The Center for Career Support provides a wide variety of assistance regarding career paths, job-finding, and career building.

◆ **Location**: 3rd floor
   Education and Student Support Center

◆ **Hours**: 8:30-18:30
   (closed holidays and during New Year’s vacation)

The center holds a variety of useful seminars and workshops!
See website for details  http://www.career.he.tohoku.ac.jp
Center for Career Support
（キャリア支援センター）

参加者募集
DATEntre
東北イノベーション人材育成プログラム
（就職支援プログラム）

査読
優秀かつ応募者選抜の高い留学生対象
のためイノベーション人材育成

対象
東北大学に在学しているN3以上の日本語能力を持つ留学生（正規生優先）

応募期間
2017年9月4日〜9月27日
※HPより検討のダウンロードが可能

説明会
2017年9月27日（水）18:00〜
図書館2階 グローバル学習室

DATEntre 東北イノベーション人材育成プログラム
お問い合わせ
(1)東北大学教育・学生支援部 キャリア支援事務室
Tel 022-795-7770 E-Mail career-jimu@grp.tohoku.ac.jp
(2)東北大学国際交流オフィス
Tel 022-795-7788 E-Mail diee-date@grp.tohoku.ac.jp
(3)ホームページ http://www.ihe.tohoku.ac.jp/?page_id=13544

留学生の日本での就職を支援します！！
Tohoku University Co-op (生協)
Local Support Organizations
（留学生支援団体）

Miyagi International Association
宮城県国際化協会

Sendai Tourism, Convention and International Association
仙台観光国際協会
Helpful Tips

How to Succeed at Tohoku University
（充実した生活を送るために）
Japanese Language Program at Kawauchi for International Students and Scholars
（日本語特別課程）

- The Institute for Excellence in Higher Education offers the Japanese Language Program for International Students and researchers at Tohoku University to improve the Japanese language proficiency and facilitate their smooth adaptation to life in Japan.

Syllabi: [http://www.he.tohoku.ac.jp/SJLE/syllabi/](http://www.he.tohoku.ac.jp/SJLE/syllabi/)
video slides: [http://www.he.tohoku.ac.jp/SJLE/video/](http://www.he.tohoku.ac.jp/SJLE/video/)
1. Obtain Information from Multiple Sources

Check your Email
1. Obtain Information from Multiple Sources (情報は広く収集する)

Digital Campus Mail (DC Mail)
1. Obtain Information from Multiple Sources (情報は広く収集する)

Campus Life → IT Services
1. Obtain Information from Multiple Sources

① “Preferences” tab

② “Forwarding” menu
1. Obtain Information from Multiple Sources

Student Affairs Information System

学生用ヘルプ(Student User Guide) 教職員用ヘルプ
1. Obtain Information from Multiple Sources

Campus Life → IT Services
1. Obtain Information from Multiple Sources

Bulletin Board

Kawauchi Station

Global Learning Center
1. Obtain Information from Multiple Sources

Welcome to Tohoku University!

Today we live in a globalized society, and exchange across national borders is crucial. This center plays a pivotal role in the establishment and execution of Tohoku University's education internationalization strategy, and in the promotion of international exchange activities. By actively recruiting excellent international students, developing/improving education/support programs, developing/executing a variety of outgoing overseas programs, and actively promoting educational internationalization, the center contributes greatly to the fostering of global human resources who possess an international outlook and will fill leadership positions.

Read More
1. Obtain Information from Multiple Sources

**International Support Office**

NEWS

- Aug. 30, 2016: Orientation scheduled for incoming international students who will enroll at Tohoku University in October, 2016.
- June 21, 2016: New rooms in International House Sanjo I has been posted.

About us

The International Support Office aims to facilitate a wide range of engagements for international students and researchers, from issues with status of Residence to tips for everyday shopping.
1. Obtain Information from Multiple Sources (情報は広く収集する)

Handbook for International Students
Connect with us!

Official Website
@TohokuUniversityPR

Official Facebook

Official Twitter
@TohokuUniPR
1. Obtain Information from Multiple Sources

The evolution of Japanese color vocabulary over the past 30 years

Color plays an important role in conveying visual information. Recent studies show that color terms used in Japanese also change over time.

Read More

News

Tohoku University Engineering Summer Program 2017

Triathlon Club wins at the Student Duathlon Championships

Events

2017-04-04
Special Event
2017 Spring Orientation for Incoming International Students

2017-05-14
Special Event
The 2017 Tohoku University International Festival
2. Make Friends
（友人をつくろう）

Take Intercultural Co-learning Classes (国際共修)
2. Make Friends

Get Involved!
3. Be Good Citizens
（法律、ルールを守る＝自分を守る）

20
3. Be Good Citizens
(法律、ルールを守る＝自分を守る)
Importing, using, and accepting illegal drugs such as marijuana, cocaine, heroin, amphetamines, and MDMA are felony crimes in Japan.

• Drugs are physically and mentally addictive, can damage the brain and other organs, and may even lead to death.

• Japanese police enforce drug laws strictly since drugs are associated with other crimes such as murder, assault, burglary, property damage, etc.

• Even first-time drug offenders are arrested. Conviction carries long prison sentences followed by deportation for foreigners. Once deported, foreigners cannot return to Japan.
Drug possession carries long prison sentences:

- Marijuana: 5 years
- Cocaine: 7 years
- MDMA: 7 years
- Opium: 7 years
- Heroin: 10 years
- Scheduled drugs: 3 years
Tohoku University deals severely with drug offenders.

- Students arrested for drugs are subject to strict disciplinary measures by Tohoku University (expulsion or equivalent). All earned credits will be cancelled.

- Those receiving Japanese scholarships must return the money in full.

- Students from partner universities will be immediately reported to their home universities. Also your parents will be immediately notified. Such incidents undermine the relationship between our universities, and ruin study abroad opportunities for future students.
In 2017, an exchange student who imported illegal drugs was arrested and convicted. Six international students who accepted drugs from the student were also arrested.

- Students' identities were published in newspaper/TV/online news
- Students were given prison sentences, followed by deportation from Japan
- They can never return to Japan
- Disciplinary measures by Tohoku University (nullifying of credits/research, forced to return scholarship money)
- Incident reported to exchange students' home universities, leading to additional disciplinary measures there as well

These incidents harmed not only the students, but also their families and peers.
Be aware that Japanese laws, penalties, and attitudes on drugs may be different from those in your home country.

DO NOT import, use, carry, or accept drugs.
3. Be Good Citizens
（法律、ルールを守る＝自分を守る）

Strict regulations about **hours** and **places** to work
3. Be Good Citizens
（法律、ルールを守る＝自分を守る）

- Please fill out a questionnaire.
- Are you satisfied with your student life?
- Do you ever think about the meaning of life?

Stay away from cult groups/activities
3. Be Good Citizens
（法律、ルールを守る＝自分を守る）

Overnight Guest

Room Assignment
4. Be Prepared for Emergencies
（緊急時の対応）

POLICE 110

Ambulance/Fire 119
4. Be Prepared for Emergencies

- Earthquakes

Follow what Japanese people do!
4. Be Prepared for Emergencies

■ Safety Confirmation System

TOHOKU UNIVERSITY, CREATING GLOBAL EXCELLENCE

Tohoku University Library

http://www.library.tohoku.ac.jp/en/

Safety Confirmation System

https://www.tohoku.ac.jp/en/misc/emergency_information.html
5. Seek Support
(困ったときは相談する)

✓ Advisor, faculty & staff, friends, tutor, etc.
✓ Global Learning Center (グローバルラーニングセンター)
✓ Student Exchange Division (留学生課)
✓ Student Health Care Center (保健管理センター)
✓ Center for Counseling and Disability Services (学生相談・特別支援センター)
✓ International Division of Faculty (所属学部の国際交流室/国際交流推進室)
✓ Career Support Center (キャリア支援センター)
✓ Other places on/off campus (学内外のサービス)

If you have a problem, don’t wait for it to get bigger.
National Health Insurance

✓ Medical insurance system that reduces the insured person’s medical expenses.

Every international student who lives in Japan for more than 3 months or longer is required to enroll in the National Health Insurance system.

Go to local municipal, ward or other office where you registered.

（区役所にて加入手続きを行う）
Mandatory Insurance
（加入が義務づけられている保険）

■ GAKKENSAI: Personal Accident Insurance (学研災)

✓ Injuries during regular curricular activities, school events, extracurricular (club) activities, and while on the university campuses.
✓ An additional premium covers commuting to and from the above

■ Comprehensive Insurance for Student Lives Coupled with “GAKKENSAI” for International Students (“Inbound futai-gakuso”) (インバウンド付帯学総)

✓ Comprehensive insurance policy covering liability, injury, illness, rescuer expenses, death and residual disability for the students who are enrolled in ”GAKKENSAI”.
✓ Out-of-court settlement negotiation service

Go to Educational Affairs Section of your department
You will receive SSTN Notification cards within a few weeks of arriving by post. 

→Please **keep this card in a safe place**.

You will need your SSTN to perform part-time work, receive payments from Tohoku University, and change address and move.
Enjoy your student life in Sendai!